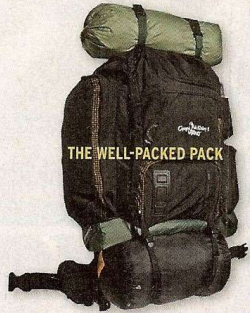


# PACK A BACKPACK

100 YEARS OF FUN!

# 32



THE WELL-PACKED PACK



MAP FLAP POCKET

OPTIONAL: ITINERARY, NOTEBOOK, PEN, COMPASS



TENT

RIGHT-SIDE POCKETS



WATER BOTTLE



FIRST-AID KIT

ROPE

EMERGENCY BLANKET

WATER TREATMENT

LEFT-SIDE POCKETS



FUEL BOTTLE

TOOTH BRUSH, SOAP, TOILET PAPER)

SUNSCREEN AND BUG REPELLENT

EXTRA PLASTIC BAGS

SOAP

OPTIONAL: POCKET-SIZE CAMERA, PAIR OF SOCKS

TOP MAIN COMPARTMENT



WATERPROOF PACK COVER, PLASTIC BAGS

UTENSILS

MAIN FOOD

LOWER MAIN COMPARTMENT



POTS, STOVE AND FUEL BOTTLE (IF NOT IN THE SIDE POCKETS)

SNEAKERS, EXTRA CLOTHING

MUG



OPTIONAL LOCATION FOR SLEEPING PAD OR TENT (BEST SPOT FOR SMALLER GUYS)

SLEEPING BAG

JOHN F. DULTON, JR.

—November 2002

# 33



Most healthy people can carry 20 percent of their own weight in a backpack. You will be even more comfortable if you carry even less than that. —August 1981

# 34



When you finally have all your gear assembled, practice packing it until you've discovered the most efficient way of doing it. Then keep your pack "mobilization-packed" — ready to be swung on your back whenever the patrol and troop gives the "Let's go!" signal for camp. —March 1960